

## Introduction

- **W**ash hands, **I**ntroduce self, ask **P**atients name & DOB & what they like to be called, **E**xplain
- Stress confidentiality

## Reasons for Test

- Determine their reasons for wanting a test now
- Who's idea to test (theirs, partner, insurance company, occupation)

## Risk & Transmission

- Identify high-risk activities (MSM intercourse, partner with HIV/from abroad, sex abroad, multiple partners, IV drug use, prostitution etc)
- Check their knowledge of transmission
- Seroconversion illness symptoms (since possible exposure)

## Procedure and Test Limitations

- Stress confidentiality
- Window period (3 months) before test is positive
- Implications of having test and positive/ negative result
- Procedure of venesection
- How long for results and how they will be given

## Knowledge of HIV

- What it is
- Anti-retroviral treatment
- The prognosis – HIV incurable but manageable and, with medication, patients have a near-normal life expectancy
- HIV is not AIDS
- Discuss lifestyle modification and protective measures regardless of results

## Coping

- How they would cope with a positive result

## Consent

- Summarise
- Ask if they are still happy to have the test

### Transmission risks

Sex with seropositive partner without condom...

Vaginal intercourse 0.1%

Anal intercourse 1.4%

Oral sex <0.04%

Needlestick injury 1%